

## Level 1 Award in Fire Safety Awareness Level 4 Award in Scotland

Session 1	Introduction
Session 2	Learning outcomes
Session 3	How fires are caused
Session 4	Cost of fires in the workplace
Session 5	Duties of employers
Session 6	Duties of employees
Session 7	Role of the fire warden
Session 8	Fire detection and raising the alarm
Session 9	Fire risk assessment
Session 10	Components of the fire triangle
Session 11	Fire risk control measures
Session 12	Controlling fire hazards
Session 13	Understanding fire
Session 14	Safe use of equipment
Session 15	Fire fighting systems
Session 16	Course closure and assessment



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## **Session Plan**

**Session 1** Introduction

Session content: Tutor introduction (brief history)

Course outline

Learner introductions

Administration

Fire safety manual

Session duration: 15 minutes

Session 2 Learning outcomes

Session content: Learning outcomes

Timings and structure

Validity

Re-qualification

Session duration: 10 minutes

Session 3 How fires are caused

Session content: What is fire?

Causes of fire

Session duration: 5 minutes

Session 4 Cost of fires in the workplace

Session content: Fire statistics

Fire deaths and injuries

Accidental fires

Session duration: 10 minutes



Session 5 Duties of employers

Session content: DSEAR 2002

Dangerous substances
Explosive atmosphere

What employers need to do

Session duration: 15 minutes

Session 6 Duties of employees

Session content: Employees duties

Session duration: 15 minutes

Session 7 Role of the fire warden

Session content: Principles duties of the fire warden

Session duration: 15 minutes

Session 8 Fire detection and raising the alarm

Session content: Fire detection

Raising the alarm

Session duration: 15 minutes

Session 9 Fire risk assessment

Session content: Fire risk assessment - Step 1

Fire risk assessment - Step 2 Fire risk assessment - Step 3 Fire risk assessment - Step 4 Fire risk assessment - Step 5

Session duration: 20 minutes



Session 10 Components of the fire triangle

Session content: The fire triangle

Triangle of extinction

Session duration: 10 minutes

Session 11 Fire risk control measures

Session content: 'Active' systems

'Passive' fire protection

Session duration: 10 minutes

Session 12 Controlling fire hazards

Session content: Housekeeping and smoking

Electricity and flammable liquids

Flammable gases and close down drill

Session duration: 15 minutes

Session 13 Understanding fire

Session content: Classes of fire (A-C)

Classes of fire (D-F)

Session duration: 15 minutes

Session 14 Safe use of equipment

Session content: Fire equipment

Session duration: 20 minutes



Session 15 Fire fighting systems

Session content: Water extinguisher

Foam extinguisher CO2 extinguisher

Dry powder extinguisher

Hose reel Fire blanket

Session duration: 20 minutes

Session 16 Course closure and assessment

Session content: Assessment

Course closure

Session duration: 30 minutes

(Includes closure and assessment)