

SESSION PLAN

FAA LEVEL 3 AWARD IN EMERGENCY PAEDIATRIC FIRST AID

(England, Wales and Northern Ireland)

AWARD IN EMERGENCY PAEDIATRIC FIRST AID AT SCQF LEVEL 6

(Scotland)

Unit 1 : Emergency Paediatric First Aid : 6 hour session

Please note that session plan timings are approximate. Trainer/Assessors may need to be flexible and responsive taking into account the size and needs of the class.

Unit 1 Overview

Module 1	Introductions
Module 2	Role of the Paediatric First Aider
Module 3	Primary survey
Module 4	Secondary assessment
Module 5	Resuscitation and defibrillation
Module 6	Seizures
Module 7	Choking
Module 8	Wounds, bleeding, and shock
Module 9	Bites and stings

MODULE 1 INTRODUCTION

Session content Tutor introduction (*brief history*)
Course details and administration
Complaints and appeals procedure
Explain the assessment process
Delegate introductions

Session duration **20 minutes**

MODULE 2 ROLE OF THE PAEDIATRIC FIRST AIDER

Session content Responsibilities of a Paediatric First Aider
The aims of First Aid
The priorities of First Aid
Contacting the emergency services
Casualty communication
Infection control
First Aid equipment
Accident/incident reporting
Definition of Paediatric

Session duration **20 minutes**

MODULE 3 PRIMARY SURVEY

Session content DR ABC

Session duration **50 minutes**

CONTINUED >



SESSION PLAN

MODULE 4 SECONDARY ASSESSMENT

Session content Casualty assessment
Recovery position
Monitoring the casualty

Session duration **30 minutes**

MODULE 5 RESUSCITATION AND DEFIBRILLATION

Session content The respiratory system
Initial breaths for child and infant
CPR for child and infant
Safe use of an AED
Chain of survival

Session duration **1 hour**

MODULE 6 SEIZURES

Session content Recognition of an epileptic seizure
Treatment for a minor seizure
Treatment for a major seizure

Session duration **20 minutes**

MODULE 7 CHOKING

Session content Recognition of someone choking
Treatment for a responsive choking child and infant
Treatment for an unresponsive choking child and infant

Session duration **45 minutes**

MODULE 8 WOUNDS, BLEEDING, AND SHOCK

Session content The circulatory system
Hypovolaemic shock
Types of wounds and bleeding
Dressings and bandages
General treatment for bleeding
Embedded foreign objects
Bleeding from orifices
Amputations
Minor cuts and grazes
Bruising
Nose bleeds
Small splinters

Session duration **1 hour 15 minutes**

MODULE 9 BITES AND STINGS

Session content Treatment of bites and stings, including:

- Humans and animals
- Insects

Complete paperwork for this unit

Session duration **40 minutes**
