

## SESSION PLAN

# FAA LEVEL 3 AWARD IN EMERGENCY PAEDIATRIC FIRST AID (RQF) AWARD IN EMERGENCY PAEDIATRIC FIRST AID AT SCQF LEVEL 6

### Unit 1 : Emergency Paediatric First Aid : 6 hour duration

Please note that session plan timings are approximate. Trainer/Assessors may need to be flexible and responsive taking into account the needs of the learners but must ensure that the minimum 6 contact hours are met.

#### Unit 1 Overview

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<b>Module</b>	<b>1</b>	Introductions
<b>Module</b>	<b>2</b>	Role of the Paediatric First Aider
<b>Module</b>	<b>3</b>	Primary survey
<b>Module</b>	<b>4</b>	Secondary assessment
<b>Module</b>	<b>5</b>	Resuscitation and defibrillation
<b>Module</b>	<b>6</b>	Seizures
<b>Module</b>	<b>7</b>	Choking
<b>Module</b>	<b>8</b>	Wounds, bleeding, and shock
<b>Module</b>	<b>9</b>	Bites and stings

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#### **MODULE 1 INTRODUCTION**

<b>Session content</b>	Trainer/Assessor introduction Learner introductions Course information <ul style="list-style-type: none"><li>• Administration</li><li>• Learning outcomes and assessment criteria</li><li>• Reasonable adjustments</li><li>• Certification</li><li>• Complaints and appeals</li><li>• Assessment information</li></ul>
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**Session duration** 20 minutes

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#### **MODULE 2 ROLE OF THE PAEDIATRIC FIRST AIDER**

<b>Session content</b>	Responsibilities of a Paediatric First Aider The aims of First Aid The priorities of First Aid Contacting the emergency services Casualty communication Infection control First Aid equipment Accident/incident reporting Definition of Paediatric
<b>Assessment</b>	Workbook questions 1 - 2

**Session duration** 20 minutes

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#### **MODULE 3 PRIMARY SURVEY**

<b>Session content</b>	DR ABC
<b>Session duration</b>	50 minutes

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### **MODULE 4      SECONDARY ASSESSMENT**

<b>Session content</b>	Casualty assessment Recovery position Monitoring the casualty
<b>Assessment</b>	Scenario 1 - Primary survey and recovery position
<b>Session duration</b>	<b>30 minutes</b>

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### **MODULE 5      RESUSCITATION AND DEFIBRILLATION**

<b>Session content</b>	The respiratory system Initial breaths for child and infant CPR for child and infant Safe use of an AED Chain of survival
<b>Assessment</b>	Scenario 2 - CPR & AED
<b>Session duration</b>	<b>1 hour</b>

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### **MODULE 6      SEIZURES**

<b>Session content</b>	Recognition of an epileptic seizure Treatment for a minor seizure Treatment for a major seizure
<b>Assessment</b>	Scenario 3 - Seizure
<b>Session duration</b>	<b>20 minutes</b>

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### **MODULE 7      CHOKING**

<b>Session content</b>	Recognition of someone choking Treatment for a responsive choking child and infant Treatment for an unresponsive choking child and infant
<b>Assessment</b>	Scenario 4 - choking protocols for both infants and children
<b>Session duration</b>	<b>45 minutes</b>

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### **MODULE 8      WOUNDS, BLEEDING, AND SHOCK**

<b>Session content</b>	The circulatory system Hypovolaemic shock Types of wounds and bleeding Dressings and bandages General treatment for bleeding Embedded foreign objects Bleeding from orifices Amputations Minor cuts and grazes Bruising Nose bleeds Small splinters
<b>Assessment</b>	Scenario 5 - Major bleeding and shock Workbook question 3
<b>Session duration</b>	<b>1 hour 15 minutes</b>

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## SESSION PLAN

### MODULE 9

### BITES AND STINGS

#### Session content

Treatment of bites and stings, including:

- Humans and animals
- Insects

Complete paperwork for this unit

#### Assessment

Workbook question 4

#### Session duration

**40 minutes**

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