

## BLENDING LEARNING FOR FIRST AID

FAA are allowing a blended learning approach for the delivery of first aid qualifications.

There are restrictions on us all due to the ongoing coronavirus situation and limiting the contact time within a classroom can help to minimise the risks of contracting the virus.

Trainer/Assessors must use and ensure full completion of the FAA course paperwork produced for classroom training and adhere to all guidance and normal requirements such as confirmation of learner identification. Learners must also be emailed the FAA Learner Workbook before starting the qualification to ensure they have access and guidance on FAA policies.

Following the requirements of the [First Aid Awarding Organisation Forum](#), there are limits on the amount of time that can be spent delivering the qualifications through a webinar:

- First aid qualifications, such as the FAA Award in First Aid at Work and Emergency First Aid at Work, must have a minimum of two-thirds of the training time conducted face-to-face in the classroom with a maximum of one third allowed through webinar training (i.e. Emergency First Aid at Work must have a minimum of 4 hours face-to-face classroom teaching/assessment)
- For paediatric first aid, in line with DfE recommendations, the Emergency Paediatric First Aid (6 hour) course can only be delivered face-to-face in a classroom. Blended learning is allowed for the full Paediatric First Aid (12-hour course) with a minimum of 6 hours of face-to-face classroom training required

Trainer/Assessors should approach blended learning in the same way as they would classroom learning and are able to teach the modules stated below through webinar software.

Trainer/Assessors must ensure all learners are taught all modules, whether this is through webinar or classroom training. All practical elements, assessment scenarios and written assessments (where appropriate) must be completed face-to-face in the classroom.

All modules that are taught through a webinar will be assessed in the same set practical scenarios and written assessments (if appropriate) that are used in the classroom.

The tables below state which modules of the qualification are available to deliver through webinar software and which modules of the qualifications **MUST** be delivered face to face in a classroom.

Stated within this document are the modules that you can and cannot deliver through a webinar for the following qualifications:

Page 2 Emergency First Aid at Work

Page 3 First Aid at Work

Page 4 Paediatric First Aid (2-Day)

Page 5 Activity First Aid

Page 6 Outdoor First Aid

If you have any questions regarding the delivery of the qualifications using this method, then please do not hesitate to contact your Centre.

# BLENDED LEARNING FOR FIRST AID CONTINUED

## CONFIRMATION OF MODULES AVAILABLE FOR DELIVERY THROUGH WEBINAR SOFTWARE

### EMERGENCY FIRST AID AT WORK

Total Contact Time = 6 hours

Maximum Time Allowed Via Webinar = 2 hours 5 minutes

Minimum Required Classroom Time = 3 hours 55 minutes

[Please click here to view the Session Plan](#)

#### MODULES PERMITTED TO BE TAUGHT THROUGH A WEBINAR

Module No.	Module Name	Time Duration
1	Introduction	20 mins
2	What is first aid?	10 mins
3	Legislation	15 mins
4	Responsibilities	15 mins
5	Action in an emergency	15 mins
8	The respiratory system	10 mins
11	Disorders of circulation	20 mins
14	Minor burns and scalds	20 mins
<b>TOTAL TIME</b>		<b>2 hours 5 mins</b>

#### MODULES THAT MUST BE DELIVERED FACE TO FACE IN A CLASSROOM

Module No.	Module Name	Time Duration
6	Primary survey	30 mins
7	Secondary assessment	20 mins
9	Resuscitation and AED	60 mins
10	Disorders of respiration	30 mins
12	Wounds and bleeding	45 mins
13	Seizures	20 mins
15	Foreign objects and course closure	30 mins
<b>TOTAL TIME</b>		<b>3 hours 55 mins</b>



# BLENDED LEARNING FOR FIRST AID CONTINUED

## FIRST AID AT WORK

Total Contact Time = 18 hours

Maximum Time Allowed Via Webinar = 5 hours 55 minutes

Minimum Required Classroom Time = 12 hours 5 minutes

[Please click here to view the Session Plan](#)

MODULES PERMITTED TO BE TAUGHT THROUGH A WEBINAR		
Module No.	Module Name	Time Duration
<b>UNIT 1</b>		
1	Introduction	20 mins
2	What is first aid?	10 mins
3	Legislation	15 mins
4	Responsibilities	15 mins
5	Action in an emergency	15 mins
8	The respiratory system	10 mins
11	Disorders of circulation	20 mins
14	Minor burns and scalds	20 mins
<b>UNIT 2</b>		
1	Introduction	20 mins
6	Specialised burn injuries	90 mins
7	Eye injuries	60 mins
8	Poisoning	60 mins
<b>TOTAL TIME</b>		<b>5 hours 55 mins</b>

MODULES THAT MUST BE DELIVERED FACE TO FACE IN A CLASSROOM		
Module No.	Module Name	Time Duration
<b>UNIT 1</b>		
6	Primary survey	30 mins
7	Secondary assessment	20 mins
9	Resuscitation and AED	60 mins
10	Disorders of respiration	30 mins
12	Wounds and bleeding	45 mins
13	Seizures	20 mins
15	Foreign objects and course closure	30 mins
<b>UNIT 2</b>		
2	Recap on Primary Survey and Secondary Assessment	90 mins
3	Bones, joints and muscle injuries	90 mins
4	Head and spinal injuries	80 mins
5	Chest and abdominal injuries	80 mins
9	Anaphylaxis	60 mins
10	Major illness	90 mins
11	Course closure	N/A
<b>TOTAL TIME</b>		<b>12 hours 5 mins</b>



# BLENDED LEARNING FOR FIRST AID CONTINUED

## FIRST AID AT WORK REQUALIFICATION (2-DAY)

Total Contact Time = 12 hours

Maximum Time Allowed Via Webinar = 5 hours 25 mins

Minimum Required Classroom Time = 6 hours 35 mins

[Please click here to view the Session Plan](#)

MODULES PERMITTED TO BE TAUGHT THROUGH A WEBINAR		
Module No.	Module Name	Time Duration
<b>UNIT 1</b>		
1	Introduction	20 mins
2	What is first aid?	10 mins
3	Legislation	15 mins
4	Responsibilities	15 mins
5	Action in an emergency	15 mins
8	The respiratory system	10 mins
11	Disorders of circulation	20 mins
13	Seizures	20 mins
14	Minor burns and scalds	20 mins
15	Foreign objects	30 mins
<b>UNIT 2</b>		
1	Introduction	10 mins
6	Specialised burn injuries	50 mins
7	Eye injuries	30 mins
8	Poisoning	30 mins
9	Anaphylaxis	30 mins
<b>TOTAL TIME</b>		<b>5 hours 25 mins</b>

MODULES THAT MUST BE DELIVERED FACE TO FACE IN A CLASSROOM		
Module No.	Module Name	Time Duration
<b>UNIT 1</b>		
6	Primary survey	30 mins
7	Secondary assessment	20 mins
9	Resuscitation and AED	60 mins
10	Disorders of respiration	30 mins
12	Wounds and bleeding	45 mins
<b>UNIT 2</b>		
2	Recap on Primary Survey and Secondary Assessment	40 mins
3	Bones, joints and muscle injuries	40 mins
4	Head and spinal injuries	40 mins
5	Chest and abdominal injuries	40 mins
10	Major illness	50 mins
11	Course closure	N/A
<b>TOTAL TIME</b>		<b>6 hours 35 mins</b>



# BLENDING LEARNING FOR FIRST AID CONTINUED

## PAEDIATRIC FIRST AID (2-DAY)

Total Contact Time = 12 hours

Maximum Time Allowed Via Webinar = 4 hours 30 minutes

Minimum Required Classroom Time = 7 hours 30 minutes

[Please click here to view the Session Plan](#)

Please note that the 1-Day Emergency Paediatric First Aid qualification is not permitted to be taught through a blended learning approach. Only the 2-Day Paediatric First Aid qualification can be taught through this method.

### MODULES PERMITTED TO BE TAUGHT THROUGH A WEBINAR

Module No.	Module Name	Time Duration
<b>UNIT 1</b>		
1	Introduction	20 mins
2	Role of the paediatric first aider	20 mins
<b>UNIT 2</b>		
1	Introduction	20 mins
4	Foreign bodies and eye injuries	30 mins
5	Chronic medical conditions and illnesses	30 mins
6	Effects of heat and cold	30 mins
7	Electric shock incidents	20 mins
8	Burns and scalds	25 mins
9	Poisoning	30 mins
10	Anaphylaxis	45 mins
<b>TOTAL TIME</b>		<b>4 hours 30 mins</b>

### MODULES THAT MUST BE DELIVERED FACE TO FACE IN A CLASSROOM

Module No.	Module Name	Time Duration
<b>UNIT 1</b>		
3	Primary survey	50 mins
4	Secondary assessment	30 mins
5	Resuscitation and defibrillation	60 mins
6	Seizures	20 mins
7	Choking	45 mins
8	Wounds bleeding and shock	75 mins
9	Bites and stings	40 mins
<b>UNIT 2</b>		
2	Bones, joints and muscle injuries	50 mins
3	Head and spinal injuries	50 mins
11	Written assessment and course closure	30 mins
<b>TOTAL TIME</b>		<b>7 hours 30 mins</b>



# BLENDED LEARNING FOR FIRST AID CONTINUED

## ACTIVITY FIRST AID

Total Contact Time = 12 hours

Maximum Time Allowed Via Webinar = 4 hours 10 minutes

Minimum Required Classroom Time = 7 hours 50 minutes

[Please click here to view the Session Plan](#)

MODULES PERMITTED TO BE TAUGHT THROUGH A WEBINAR		
Module No.	Module Name	Time Duration
<b>UNIT 1</b>		
1	Introduction	20 mins
2	What is first aid?	10 mins
3	Legislation	15 mins
4	Responsibilities	15 mins
5	Action in an emergency	15 mins
8	The respiratory system	10 mins
11	Disorders of circulation	20 mins
14	Minor burns and scalds	20 mins
<b>UNIT 2</b>		
1	Introduction	10 mins
6	Eye injuries	30 mins
7	Anaphylaxis	40 mins
9	Effects of heat and cold	45 mins
<b>TOTAL TIME</b>		<b>4 hours 10 mins</b>

MODULES THAT MUST BE DELIVERED FACE TO FACE IN A CLASSROOM		
Module No.	Module Name	Time Duration
<b>UNIT 1</b>		
6	Primary survey	30 mins
7	Secondary assessment	20 mins
9	Resuscitation and AED	60 mins
10	Disorders of respiration	30 mins
12	Wounds and bleeding	45 mins
13	Seizures	20 mins
15	Foreign objects and course closure	30 mins
<b>UNIT 2</b>		
2	Secondary Assessment (Top to toe)	30 mins
3	Bones, joints and muscle injuries	60 mins
4	Head and spinal injuries	40 mins
5	Chest and abdominal injuries	40 mins
8	Major illness	45 mins
10	Bites and stings	20 mins
11	Course closure	N/A
<b>TOTAL TIME</b>		<b>7 hours 50 mins</b>



# BLENDED LEARNING FOR FIRST AID CONTINUED

## OUTDOOR FIRST AID

Total Contact Time = 16 hours

Maximum Time Allowed Via Webinar = 5 hours 30 minutes

Minimum Required Classroom Time = 10 hours 30 minutes

[Please click here to view the Session Plan](#)

MODULES PERMITTED TO BE TAUGHT THROUGH A WEBINAR		
Module No.	Module Name	Time Duration
<b>UNIT 1</b>		
1	Introductions	20 mins
2	What is outdoor first aid?	20 mins
3	First Aid equipment	20 mins
4	Summon assistance	30 mins
5	Monitoring	40 mins
6	Scene survey	20 mins
<b>UNIT 2</b>		
1	Introductions	20 mins
8	Extreme heat and cold	30 mins
9	Burns	40 mins
10	Eye injuries	30 mins
11	Poisoning	30 mins
12	Bites and stings	30 mins
<b>TOTAL TIME</b>		<b>5 hours 30 mins</b>

MODULES THAT MUST BE DELIVERED FACE TO FACE IN A CLASSROOM		
Module No.	Module Name	Time Duration
<b>UNIT 1</b>		
7	Primary survey	40 mins
8	Secondary assessment	50 mins
9	Resuscitation	90 mins
10	Disorders of respiration	40 mins
11	Wounds and bleeding	60 mins
12	Hypovolemic shock	20 mins
13	Unit closure and assessment	30 mins
<b>UNIT 2</b>		
2	Incident management	45 mins
3	Bones, joints and muscles	60 mins
4	Head and spinal injuries	45 mins
5	Chest and abdominal injuries	30 mins
6	Major illness	60 mins
7	Anaphylaxis	30 mins
13	Course closure	30 mins
<b>TOTAL TIME</b>		<b>10 hours 30 mins</b>

